



**St. Alban's Episcopal Church
Syracuse, New York
March News & Inspiration**

Sunday Morning in Person and on Zoom

8:30 a.m. Bible Study
Both In Person and on Zoom
* Zoom Code and Password
835 9000 0245 and 562087

**9:30 a.m. Holy Communion In Person and
Spiritual Communion on Zoom**
(To use your phone for Zoom, dial 1-646-558-8656)
* Zoom Code and Password
826 9515 6305 and 446765

10:30 a.m. Coffee Hour

Tuesday Morning on Zoom

10:00 a.m. Morning Prayer
* Zoom Code and Password:
817 4372 7305 and 891158

**Wednesday Afternoon Bible Study: In Person at Emmanuel and
on Zoom (Repeated the following Sunday)**

2:00 p.m. Bible Study
* Zoom Code and Password
840 0349 8213 and 586548



St. Patrick's Day Corned Beef Boiled Dinner
Sunday, March 19 after the service
Courtesy of Brian and Russell Calhoun-Bryant
Sign up is required!

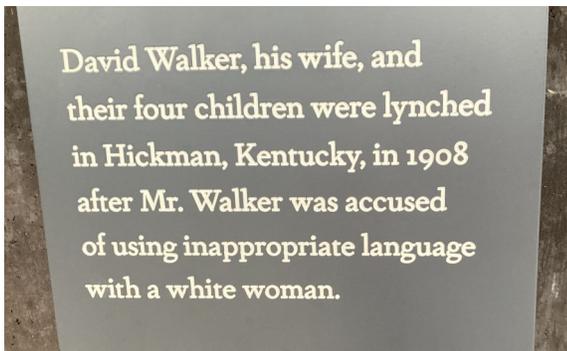


Priestly Ponderings

Dear Friends, last month's Sacred Ground Pilgrimage was inspiring, emotionally exhausting, and amazing. It will take some time to process all that I saw and experienced. The "highlights" were walking the Edmund Pettus Bridge in Selma, the Legacy Museum in Montgomery, and the National Memorial for Peace and Justice in Montgomery, pictured below. The memorial is dedicated to the more than 4400 African Americans lynched between 1877 and 1950.



The four sided, square building contains 800 suspended blocks.



Each 6 foot block represents a county where one or more lynchings occurred. The name of each person and their date of death is inscribed. Some dates are simply marked with the word "Unknown".

A series of plaques described the various reasons given for the lynchings.



Reflection Garden



Before I took the course Sacred Ground I thought that lynchings were hangings. They are so much more terrible than that. Hours of ritualized torture usually preceded the hanging. Lynchings were advertised in the local newspaper and had a carnival-like atmosphere. It wasn't unusual for people to go directly from church to a lynching en masse. The first anti-lynching bill was introduced in the Congress in 1918 and failed to pass. The Emmett Till Anti-lynching Act was passed by the House on February 28, 2022, and by the Senate on March 7, 2022, marking the first time in the history of the United States Congress that an anti-lynching bill passed both houses. President Joe Biden signed it into law on March 29, 2022.

Lenten Food Drive for InterFaith Works 20+ Food Pantries

Pasta and Sauce
Canned Fruits
Peanut Butter
Jelly
Canned Vegetables
Soups/Ramen
Ensure
Cake mix/frosting



Canned Tuna/Chicken
Vegetable Oil
Cereal/Oatmeal
Baby formula
Pancake mix/syrup
Flour and sugar
Mayo
Shelf Stable Milk

Thursday Evenings in Lent

Zoom Codes are the same for every Thursday (and March 15)
827 6703 2161 & 331119

Wednesday, March 15: Final Book Study Session on Zoom
6:00 p.m. Eat and Chat
6:30 p.m. Discuss Chapter 5

March 9: Second Thursday - Dinner at 6:00 p.m. and Healing Service at 7:00 p.m.
\$5/person Service is also on Zoom

March 16 and 23 on Zoom
6:00 p.m. Eat and Chat
6:30 p.m. Mother Julie's Class

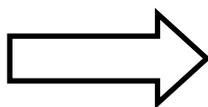
March 30 on Zoom
6:00 p.m. Eat and Chat
6:15 p.m. Mother Julie's Class
7:00 p.m. Rule of Life Meeting

Mother Julie's Usual Schedule

Sunday morning
Tuesday: 9:45 a.m. - 5:45 p.m.
Thursday: 12:00 - 8:00 p.m.

April 6: East Side Episcopalians at Emmanuel for Maundy Thursday
6:00 p.m. Dinner
7:00 p.m. Holy Eucharist and Stripping of the Altar

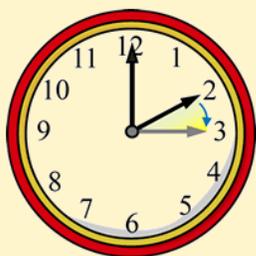
Secretary's Schedule and Vacation



Tuesday - Thursday 9:00 - 1:00
March 20-22: Monday - Wednesday 9:00 - 1:00
March 28-30 Val is on vacation.

Giving to St. Alban's

Send us a check or to give online go to cnyepiscopal.org/give-to-my-parish



Daylight Savings
Time Begins

March 11

Don't forget to turn your clocks ahead on Saturday night so you're not late for church in the morning!

Harriet Tubman Diocesan Service: Mark you calendar for March 22

At General Convention last summer delegates voted for a day of commemoration for Harriet Tubman (c. March 1822 – March 10, 1913). At our convention we approved a commemoration in March.

Harriet Tubman was an American abolitionist and social activist. Born into chattel slavery, she escaped and subsequently made some 13 missions to rescue approximately 70 similarly enslaved people, including family and friends, using the network of antislavery activists and safe houses known as the Underground Railroad. During the American Civil War, she served as an armed scout and spy for the Union Army. In her later years, Tubman was an activist in the movement for women's suffrage.

Since it's a Wednesday we will carpool from Emmanuel's parking lot at 11:00 a.m. to attend the service at SS. Peter and John, Auburn at noon. Bishop Duncan-Probe is preaching and presiding. The service is also on Zoom. We will go out to lunch following the service. Please sign up or let Mother Julie know if you can come.



Parades and celebrations have become increasingly popular all over the world. Some themes include shamrocks, leprechauns, and wearing green.

March 17

St. Patrick's Day

Many thanks to Steve Pekich
for shoveling all that snow at the church!



March 20

"Don't wait for someone to bring you flowers. Plant your own garden and decorate your own soul." By Luther Burbank

Spring begins

A colorful illustration of a garden scene. It features a large pink rose, a purple flower, and a smaller pink flower. A yellow butterfly is flying above the flowers. The scene is set against a light yellow background with a decorative border of small sun icons.

Can you find 10 differences?



St. Alban's Leadership

Rector: The Rev. Julie E.
Calhoun-Bryant

Wardens

Senior: Gelene Lewis
Junior: Mary (Kiki) White
Emerita: Margo Kowalczyk

Vestry Members

David Houston
Bobbi Lombardo
Steve Pekich
Art Pichette
Gina Odell
Fred Wilson

Kate Bell, Vestry Clerk

Parish Secretary

Valerie Warfield

Organist

Cynthia Bromka-Skafidas

Treasurer

Kathleen Eckermann

Financial Secretary

Fred Wilson

Ministry Team Leaders

Communications Team

David Houston

Congregational Life Team

Kiki White

Mission Team

Bobbi Lombardo
Dottie White

Property Team

Steve Pekich

Spiritual Life Team

Mother Julie
Altar Guild: Bobbi
Lombardo
Music: Jan Bookhout



**Vestry meets
Tuesday,
March 21
at 6:30 p.m.
on Zoom.**

St. Alban's Episcopal Church

1308 Meadowbrook Drive
Syracuse, NY 13224-1718
(315) 446-3490

Website: stalbansyracuse.org

Facebook: Click the link on the website home page or go to St. Albans Church Syracuse.

Secretary's Office Hours:

Tuesday-Thursday: 9:00 a.m. - 1:00 p.m.

Secretary's Email: stalbans.syr@gmail.com

Contacting Mother Julie

- Call the secretary during office hours.
- Email: julieatalban@gmail.com
- 315-416-7133 (cell)

Please don't leave urgent or time sensitive messages on the church answering machine.